



Special Olympics

Maine

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Our Mission

is to provide year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, and to demonstrate friendship with other Special Olympic athletes, their families, and the community.

Our Philosophy

Special Olympics is founded on the belief that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy, and benefit from participation in individual and team sports, adapted as necessary to meet the needs of those with special mental and physical limitations.

Special Olympics believes that consistent training is essential to the development of sport skills, and that competition among those of equal abilities is the most appropriate means of testing these skills, measuring progress, and providing incentives for personal growth.

Special Olympics believes that through sports training and competition, people with intellectual disabilities benefit physically, mentally, socially, and spiritually, families are strengthened, and the community at large, both through participation and observation, is united in understanding people with intellectual disabilities in an environment of equality, respect, and acceptance.